

Unit 1: The Afterlife

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Aims:

- The aim of this session is to help children to learn about Paradise and understand the steps needed to get there.

Learning Outcomes:

1. To acquire an overview of the descriptions of paradise
2. To understand how to get to paradise

Resources

- Flipchart/ whiteboard
- Activity sheet 1

Preparation:

- Teachers will need to familiarise themselves with guidance notes

Skills

- Using information
- Communication skills
- Listening
- Analysing

Keywords & Values:

Paradise, Jannah, Good deeds, Bad Deeds, Mercy of Allah

1. Lesson starter (20 minutes)

Introduce the lesson by asking questions:

- What is Paradise?
- What does paradise look like?
- Does everyone go to paradise by default when they die?
- Why has Allah created paradise?

Stimulus activity:

Younger children (8-13)
Paradise - Sheet 1 (PS1)

- Read or ask one of the pupils to read out and then answer the questions
- Ask pupils to share their answers

2. Paradise (PS2) (30 minutes)

Read the Qur'anic ayyat and Hadith which describe paradise and the steps which we need to take to enter it. Discuss the points mentioned at the bottom of the sheet (PS2)

3. Summary & reflection

Summarise the main points and key messages of today's session drawing in from Islamic guidance and pupils' contribution in the activities.

4. Homework

- memorise the 99 names of Allah



Paradise - Sheet 1 (PS1)



“And whoever desires the Hereafter and strives for it as he ought to strive and he is a believer; (as for) these, their striving shall surely be accepted.” [17:19]

- *The one who desires Paradise must strive to please Allah and must do what Allah has ordered for a Muslim to do throughout his/her life without crossing the limits and boundaries of Islam so that Allah accepts his/her deeds.*

‘I have prepared for my righteous slaves that which no eye has seen, no ear has heard, and has never crossed the mind of any human being’ Hadith Qudsi

- *Paradise cannot be imagined by any human being and its contents and luxuries are far greater than anything that is on earth both in quality and quantity*

- *Paradise is not merely equivalent to the good deeds a person may do, good deeds may be a reason for entering paradise, but the true reason of a person getting admittance is the mercy and grace of Allah.*

- *The greatest gift given to the people of paradise will be the pleasure of Allah, and the joy of gazing upon his blessed face, and among the pleasures of this blessed abode will be the glorification and sanctification of the almighty.*

- ***To prepare for our journey, we need to find out what our destination is like; who are its people, and most importantly, how to get there!***

Questions:

1. What must we do if we desire paradise and want to get there?
2. Can we imagine what paradise looks like?
3. Can we enter paradise just by doing good deeds?
4. What is the greatest reward someone can have in paradise?



Paradise - Sheet 2 (PS2)

What Does Paradise look like?

"The description of Paradise which the Muttaqoon have been promised is that in it are rivers of water, the taste and smell of which are never changed. Rivers of milk the taste of which will remain unchanged. Rivers of wine that will be delicious to those who drink from it and rivers of clear, pure honey. For them will be every kind of fruit and forgiveness from their Lord." [47:15]

Verily, the dwellers of Paradise that Day, will be busy in joyful things. They and their wives will be in pleasant shade, reclining on thrones. They will have therein fruits (of all kinds), and all that they will ask for. (It will be said to them): "Salamun" (Peace be on you), a Word from the Lord, Most Merciful." [36:55-58]

Ways that lead to Paradise

1. **Belief and Righteous Deeds are two of the best routes to Jannah (Paradise).**

- *"And those who believe and do good deeds they are the inhabitants of Paradise, in it they shall abide." [2:82]*

2. Possessing Taqwa

- *"Surely those of taqwa shall be in the midst of Gardens and fountains." [15:45]*

3. Obedience of Allah and His Messenger

"All of my followers will enter Paradise except those who refuse." It was asked, "O Messenger of Allah, who would refuse?" He said, "He who obeys me enters Paradise and he who disobeys me has refused." (Bukhari)

4. Repentance erases what came before it.

"The one who repents from sin is like the one who never sinned." (Sahih Al-Jami)

[Discuss]

- The people of paradise and the deeds for which Allah granted them paradise.
- Paradise is not merely equivalent to the good deeds a person may do, good deeds may be a reason for entering paradise, but the true reason of a person getting admittance is the mercy and grace of Allah.
- Mention the ten who were given the good news in their life time that they would enter paradise (ashara mubashara).

Key Message: We were created in Paradise, we came out of it and we will insha Allah go back to it. But we have to do what Allah has asked us to do, for Paradise is not cheap.



Paradise - Sheet 2 (PS2)

Homework

Hadith - Sahih Bukhari 8:419, Narrated Abu Huraira : 'Allah has ninety-nine Names, i.e., one hundred minus one, and whoever believes in their meanings and acts accordingly, will enter Paradise; and Allah is Witr (one) and loves 'the Witr' (i.e. odd numbers).'

Memorise the 99 names of Allah – Perhaps find a few nasheeds on Youtube to help you!

AL-A'ZIZ The All-Mighty العزيز	AL-MUHAYMIN The Protector المهيمن	AL-MU'MIN The Guardian of Faith المؤمن	AS-SALAM The Source of Peace السلام	AL-QUDDUS The Holy القدوس	AL-MALIK The Sovereign Lord المالك	AR-RAHIM The Merciful الرحيم	AR-RAHMAN The Beneficent الرحمن
AL-WAHHAB The Bestower الواهب	AL-QAHHAR The Subduer القهار	AL-GHAFFAR The Oft-Forgiving الغفار	AL-MUSAWWIR The Fashioner المصور	AL-BARI' The Evolver البارئ	AL-KHALIQ The Creator الخالق	AL-MUTAKABBIR The Majestic المتكبر	AL-JABBAR The Compeller الجبار
AL-MU'IZZ The Honorer المعز	AL-RAFI' The Enhancing الرافع	AL-KHAFID The Degrading الخالص	AL-BASIT The Munificent الباطط	AL-QABID The Constrictor القابض	AL-A'LIM The All-Knowing العليم	AL-FATTAH The Revealer الفتاح	AR-RAZZAQ The Provider الرازق
AL-HALIM The Forbearing one الحليم	AL-KHABIR The Aware الخبير	AL-LATIF The Most Courteous اللطيف	AL-ADL The Just العدل	AL-HAKAM The Judge الحكم	AL-BASIR The All-Seeing البصير	AS-SAMI The All-Hearing السميع	AL-MUZILL The Dishonorer المذل
AL-HASIB The Keeper of All Account الحاسب	AL-MUQIT The Maintainer المقيت	AL-HAFIZ The Preserver الحفيظ	AL-KABIR The Most Great الكبير	AL-A'LI The Most High العلي	ASH-SHAKUR The Appreciative الشكور	AL-GHAFUR The All-Forgiving الغفور	AL-A'ZIM The Supreme العظيم
AL-HAKIM The Wise الحكيم	AL-WASHI' The All-Embracing الواسع	AL-MUJIB The Responsive المجيب	Remember Me and I will remember you (Quran 2 : 152) ALLAH		AR-RAQIB The Watchful الراقب	AL-KARIM The Generous One الكريم	AL-JALIL The Sublime One الجليل
AL-WAKIL The Trustee الوكيل	AL-HAQQ The Truth الحق	ASH-SHAHID The Witness الشهيد	The Most Beautiful Names belong to Allah, invoke Him by them. (Quran 7 : 180)		AL-BATH The Resurrector الباعث	AL-MAJID The Most Glorious One المجيد	AL-WADUD The Loving الودود
AL-MUHYI The Giver of Life المحيي	AL-MU'D The Restorer المعيد	AL-MUBDI The Originator المبدئ	AL-MUHSI The Reckoner المحصى	AL-HAMID The Praiseworthy الحميد	AL-WALI The Protecting Friend الولي	AL-MATIN The Firm One المتين	AL-QAWI The Most Strong القوي
AL-QADIR The Able القادر	AS-SAMAD The Eternal السمد	AL-WAHID The Unique الواحد	AL-MAJID The Noble المجيد	AL-WAJID The Finder الواجد	AL-QAYYUM The Protector القويوم	AL-HAYY The Alive الحى	AL-MUMIT The Annihilator المميت
AL-WALI The Governor الولي	AL-BATIN The Hidden الباطن	AZ-ZAHIR The Manifest الظاهر	AL-AKHIR The Last الآخر	AL-AWWAL The First الاول	AL-MUKHITHIR The Delayer المؤخر	AL-MUQADDIM The Expediter المقدم	AL-MUQTADIR The Powerful المقتدر
MALIK-UL-MULK The Eternal Owner of Sovereignty مالك الملك		AR-RA'UF The Compassionate الرزوف	AL-A'FUW The Pardoner العفو	AL-MUNTAQIM The Avenger المنتقم	AT-TAWWAB The Acceptor of Repentance التواب	AL-BARR The Source of All Goodness البر	AL-MUTAVALLI The Most Exalted المتطلي
AD-DARR The Distresser الدائر	AL-MANI' The Preventer المانع	AL-MUGINI The Enricher المغني	AL-GHANI The Sufficient الغني	AL-JAMII' The Gatherer الجامع	AL-MUQSIT The Equitable المقسط	DHUL-JALALI - WAL - IKRAM The Lord of Majesty and Bounty ذو الجلال والإكرام	
AS-SABUR The Patient الصبور	AR-RASHID The Sage الرشيد	AL-WARITH The Supreme Inheritor الوارث	AL-BAQI The Everlasting الباقى	AL-BADII' The Innovator البديع	AL-HADI The Guide الهادي	AN-NUR The Light النور	AN-NAFI' The Profligate النافع



Unit 1: The Afterlife

Section 6: Paradise

Aims:

- The aim of this session is to help children to learn about Hellfire and understand the type of people who may end up there

Learning Outcomes:

1. To know that Hellfire is true
2. To learn the condition of the people of Hellfire

Resources

- Flipchart/ whiteboard
- Activity sheet 1

Preparation:

- Teachers will need to familiarise themselves with guidance notes

Skills

- Using information
- Communication skills
- Listening
- Analysing

Keywords & values:

Hellfire, Jahannam, Good deeds, Bad Deeds, Mercy of Allah, Punishment

1. Lesson starter (20 minutes)

Introduce the lesson by asking questions:

- What is Hellfire?
- What does it look like?
- Who will go to hellfire?
- Why has Allah created hellfire?

Stimulus activity:

Younger children (8-13)

Hellfire - Sheet 1 (HS1)

- Read or ask one of the pupils to read out and then answer the questions
- Ask pupils to share their answers

2. Hellfire (HS2) (30 minutes)

Read the Qur'anic ayyat and Hadith which describe paradise and the steps which we need to take to enter it. Discuss the points mentioned at the bottom of the sheet (PS2)

3. Summary & reflection

Summarise the main points and key messages of today's session drawing in from Islamic guidance and pupils' contribution in the activities.

4. Homework – Memorise the Dua



Hellfire - Sheet 1 (HS1)



- Hell is the place which Allah (swt) has prepared for those who do not believe in Him (swt), those who rebel against His (swt) laws and disbelieve in His Messengers. It is the punishment for His (swt) enemies, the prison for evildoers.
- It is the ultimate humiliation and loss; there is nothing worse:

"This is so! And for the Tagheen [transgressors] - will be an evil final return - Hell! Where they will burn, and worst [indeed] is that place to rest!" (38:55-6)

- Death itself will be slaughtered causing the greatest imaginable regret for the people of Hellfire:

The Messenger of Allah of Allah (saw) said: "Death will be brought like a horned ram, and will be made to stand between Paradise and Hell". It will be said, "O people of Paradise, do you know what this is?" They will raise their heads and look, and will say, "Yes, this is death". It will be said, "O people of Hell, do you know what this is?" They will raise their heads and look, and will say, "Yes, this is death". Then the command will be given for death to be slaughtered. Then it will be said, "O people of Paradise, it is eternal, there is no death. O people of Hell, it is eternal, there is no death". Then the Messenger of Allah (saw) recited:

"And warn them of the Day of Grief and regrets when the case has been decided, while [now] they are in a state of carelessness, and they believe not". (19:39)"

- When the Kuffaar see Hell, they will be filled with intense regret, at a time when regret will be of no avail

Questions:

1. Who has hellfire been created for?
2. Can we imagine what hellfire looks like?
3. What one thing will make hellfire even worse for those in it?
4. Why is it not possible to repent after seeing hellfire?



Hellfire - Sheet 2 (HS2)

- When the Kuffaar looks at the record of his deeds, and sees his kufr and shirk, for which he deserves eternal Hell, he will pray for oblivion and death
- They will repeat their prayer for oblivion when they are thrown into the Fire and its heat touches them
- Their screams will grow louder and more desperate and they will call on their Rabb, hoping that He (swt) will take them out of the Fire
- At that time, they will come to realise the error and foolishness of their kufr
- But their prayer will be harshly refused, and they will be answered as animals deserve to be answered
- The promise will come true, and they will reach a destination where no prayer will benefit them and there will be no hope
- Everything they ask for will be refused. There will be no coming out of the Fire, no reduction in the torment, and no oblivion. Rather it is ongoing, eternal punishment, and at that time they will be told:

"...and whether you are patient of it, or impatient of it, it is all the same. You are only being requited for what you used to do." (52:16)

The people of Hell

Al-Bukhaari narrates from Abu Sa'eed that the Prophet (saw) said: Allah will say, "O Adam!" Adam will reply, "I respond to Your call, I am obedient to Your commands, and all good is in Your hands." Then Allah (swt) will say to Adam, "Send forth the people of the Fire". Adam will say, "How many are the people of the Fire?!" Allah (swt) will say, "Out of every thousand, take nine hundred and ninety-nine"...

Those who will enter Hell are innumerable:

- one of them will be so huge that his molars will be as big as Mount Uhud,
- the distance between his shoulders will be equivalent to three days walking
- skin will be forty two cubits thick this is so that his suffering is increased

"On the Day of Resurrection, Allah will say to one whose punishment in the Fire is the lightest, "If you had whatever you wanted on earth, would you give it up to save yourself?" He will say, "Yes". Allah (swt) will say, 'I wanted less than that from you: when you were still in the loins of Adam, I asked you not to associate anything in worship with Me, but you insisted on associating others in worship with Me'"

"As to those who reject faith - if they had everything on earth and twice repeated, to give as ransom for the Penalty of the Day of Judgement, it would never be accepted of them. Theirs would be a grievous Penalty." (5:36)



Paradise - Sheet 2 (PS2)



[Discuss]

- The people of paradise and the deeds for which Allah granted them paradise.
- Paradise is not merely equivalent to the good deeds a person may do, good deeds may be a reason for entering paradise, but the true reason of a person getting admittance is the mercy and grace of Allah.
- Mention the ten who were given the good news in their life time that they would enter paradise (ashara mubashara).

Key Message:

- Hellfire is real
- The way to avoid Hellfire is to stop committing sins and lead a life by practising Islam completely
- Preparation needs to be taken now to avert the unimaginable regret of the Day when regret is of no use.

[Discuss]

- The people of paradise and the deeds for which Allah granted them paradise.
- Paradise is not merely equivalent to the good deeds a person may do, good deeds may be a reason for entering paradise, but the true reason of a person getting admittance is the mercy and grace of Allah.
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Key Message:

- Hellfire is real
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- Preparation needs to be taken now to avert the unimaginable regret of the Day when regret is of no use.

Homework

Du'a for seeking refuge from the Hellfire:

اللَّهُمَّ إِنِّي أَسْأَلُكَ الْجَنَّةَ وَأَعُوذُ بِكَ
مِنَ النَّارِ.

'O Allah, I ask You to grant me Paradise and I take refuge in You from the Fire.'

[Abu Dawud, Ibn Majah 2/238]

